



# UNIVERSITY OF SAINT JOSEPH

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## CONNECTICUT

Breastfeeding Laws in CT: <https://www.ctdol.state.ct.us/wgwkstnd/laws-regs/statute31-40w.htm>

### Sec. 31-40w

SECTION 31-40w. Sec. 31-40w. Breastfeeding in the workplace. Any employee may, at her discretion, express breast milk or breastfeed on site at her workplace during her meal or break period.

[www.ctdol.state.ct.us](http://www.ctdol.state.ct.us)

CT Breastfeeding Coalition <https://www.breastfeedingct.org/resources.html>



### Resources - Connecticut Breastfeeding Coalition

ZipMilk Enter your zip code to find local breastfeeding support. Find A Lactation Consultant A board-certified lactation consultant is an invaluable asset to breastfeeding families, reassuring you when breastfeeding and lactation are going well, and by providing information and support to help prevent and manage common concerns.

[www.breastfeedingct.org](http://www.breastfeedingct.org)

La Leche League of CT <https://www.lllct.org/>



## [Breastfeeding Support / La Leche League of Connecticut](https://www.lllct.org/)

Mother-to-mother breastfeeding support, information, education, and encouragement. Free monthly breastfeeding support meetings.

[www.lllct.org](http://www.lllct.org)

Breastfeeding USA <https://breastfeedingusa.org/>

## [Breastfeeding USA | Empowering you with mother-to-mother support](https://breastfeedingusa.org/)

Breastfeeding USA supports an ongoing commitment to diversity, equality, and inclusion in our support of individuals, families, and communities and within our organization.

[breastfeedingusa.org](http://breastfeedingusa.org)