



UNIVERSITY OF SAINT JOSEPH

Nutrition & Wellness

FALL

1st Semester: _____

15

- NUTR 101 Survey of Careers in Nutrition 1
- NUTR 130 Foods 4
- BIOL 114 Introduction to Cellular Biology 4
- INTD 100 First Year Seminar I 3
- ENGL 104 or ENGL 110 3

SPRING

2nd Semester: _____

14

- CHEM 170 Principles of Inorganic & Organic Chemistry 4
- NUTR 220 Fundamentals of Nutrition 3
- PUBH 101 Intro to Public Health 3
- MATH 110 Elementary Statistics 3
- INTD 116 First Year Seminar II 1

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3rd Semester: _____

16

- CHEM 240 Biochemistry (*Pre-Req: BIOL 114*) 3
- NUTR 315 Community Nutrition 2
- NUTR 325 Nutrition Through the Life Cycle 2
- PUBH 107 Introduction to Health Informatics 3
- CORE 3
- CORE 3

SPRING

4th Semester: _____

15

- Nutrition Elective 3-4
- BIOL 223 Human Biology 3
- CORE 3
- CORE 3
- CORE 3

FALL

5th Semester: _____

15

- NUTR 305 Health Coaching 3
- INTD 301 Mercy Integrative Seminar (FA or SP) 3
- CORE 3
- CORE 3
- CORE 3

SPRING

6th Semester: _____

15

- NUTR 310 Nutrition Counseling & Education 3
- NUTR 335 Nutrition Assessment 3
- INTD 301 Mercy Integrative Seminar (FA or SP) 3
- CORE 3
- CORE 3

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7th Semester: _____

15

- Nutrition Elective 3-4
- NUTR 499 Coordination (Fall or Spring) 3
- CORE/Elective/Minor 3
- CORE/Elective/Minor 3
- CORE/Elective/Minor 3

SPRING

8th Semester: _____

16

- NUTR 410 Health Care Issues 1
- NUTR 499 Coordination (Fall or Spring) 3
- CORE/Elective/Minor 3
- CORE/Elective/Minor 3
- CORE/Elective/Minor 3
- CORE/Elective/Minor 3

NOTE: This is an unofficial worksheet and is subject to change. The responsibility to register for the necessary courses in the proper sequence to meet the academic program requirements rests with the student. Please consult your advisor every semester, and the USJ catalog, for the most up-to-date degree program requirements.