



UNIVERSITY OF SAINT JOSEPH

Nutrition / Didactic

FALL

1st Semester: _____

NUTR 101 Survey of Careers in Nutrition
NUTR 130 Culinary Nutrition Science
BIOL 114 Introduction to Cellular Biology
ENGL 104 or ENGL 110
INTD 100 First Year Seminar I

15

1
4
4
3
3

SPRING

2nd Semester: _____

NUTR 220 Fundamentals of Nutrition
CHEM 170 to General, Organic & Biochemistry I
MATH 110 Elementary Statistics
PHIL 110 or 120
INTD 116 First Year Seminar II

14

3
4
3
3
1

FALL

3rd Semester: _____

NUTR 325 Nutrition Through the Life Cycle
CHEM 172 Intro to General, Organic & Biochemistry II
PSYC 100 Introduction to Psychology
CORE
CORE

14

2
3
3
3
3

SPRING

4th Semester: _____

NUTR 315 Community Nutrition
NUTR 330 Food Science
NUTR 335 Nutrition Assessment
BIOL 241 Anatomy & Physiology I
CORE

16

3
4
2
4
3

FALL

5th Semester: _____

NUTR 311 Food & Nutrition Management I
NUTR 420 Foundations of Health Coaching
BIOL 242 Anatomy & Physiology II
INTD 301 Mercy Integrative Seminar (FA/SP)
CORE/Elective

16

3
3
4
3
3

SPRING

6th Semester: _____

NUTR 310 Nutrition Counseling & Education
NUTR 316 Medical Nutrition Therapy I + Skills Lab
BIOL 301 Microbiology
INTD 301 Mercy Integrative Seminar (FA/SP)
CORE/Elective

17

3
4
4
3
3

FALL

7th Semester: _____

NUTR 416 Medical Nutrition Therapy II
NUTR 418 Advanced Nutrition
NUTR 499 Coordinating Seminar (Advised to take in Fall)
CORE/Elective
CORE/Elective

15

3
3
3
3
3

SPRING

8th Semester: _____

NUTR 410 Health Care Issues
NUTR 411 Food & Nutrition Management II
NUTR 499 Coordinating Seminar (Can take in Spring)
Elective
CORE/Elective
CORE/Elective

13-16

1
3
3
1-3
3
3

NOTE: This is an unofficial worksheet and is subject to change. The responsibility to register for the necessary courses in the proper sequence to meet the academic program requirements rests with the student. Please consult your advisor every semester, and the USJ catalog, for the most up-to-date degree program requirements.